

29th June 2018

Rap Therapy success stories – The Archbishop Lanfranc Academy

Ms. S Mansaray: Achievement Co-Coordinator (Head of Year) for Key Stage 3

Mohamed (Y8)

Mohamed struggled with the transition to secondary school last year when joining us in Year 7. This meant he often found himself in trouble due to disruption in lessons and rudeness to teachers. Although there was an improvement in his behaviour this year, Mohamed still struggled with peer pressure and often ended up in trouble as a result of showing off and trying to prove himself in front of his peers. Rap Therapy has helped him to really focus on himself and think carefully about who he is friends with and the impact these friends will have on his success at school. Having a supportive male role model in Bhisma, helped to guide Mohamed through the tricky time of the end of Year 8 where his behaviour standards were beginning to slip. Throughout his time on the Rap Therapy course Mohamed successfully passed his Head of Year report card, he was not sanctioned through any 1 hour school detentions and ensured he did not return to the Academy Inclusion unit. Mohamed took on the role of guiding the New Year 7s amazingly well and encouraged and supported other younger students on the course. This not only helped him to improve in terms of maturity, but it also has helped him to feel like school is a place where he can be successful. Rap therapy gave Mohamed a means to express himself and direct his energy into something really positive. I could really see how proud he was of the finished product of the rap and felt a real sense of achievement. Mohamed is now a few weeks away from moving into Year 9 (his first GCSE year) and he is by far in a way more ready to take on this new challenge as a result of participation in the Rap therapy programme.

Kind regards,



Mrs Mansaray