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We asked Rap Therapy to come along to our school's 'Wellbeing Week' and work with two classes of year 6 children. From the start, they were very professional and devised a workshop that would meet our needs. All of the children learned something new, the workshop flowed and the children loved the facilitators. The children really enjoyed the warm up activity, earning points for their team by working together. All the children were engaged in the workshop and everything was well prepared. There was an emphasis on teamwork and cooperative learning, which helped the children feel that they had really achieved something at the end of the session. Listening to their completed Fairy Tale raps at the end was fantastic; they achieved so much in so little time. Thank you so much for this, it was great and the kids loved it.

Vivian Bull, Assistant Headteacher, Rockmount Primary School, London